



CME PROGRAM AGENDA

Thursday, December 8, 2022

6:00 PM – 8:00 PM

ABFM KSA Study Group: Care of Children (2 hours)

(additional fee; advance registration required; onsite registration not available; in-person participation only)

Wesley Driggers, MD / Michael Heiland, MD

Friday, December 9, 2022

8:05 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 10:15 AM

Florida Mandatory: Domestic Violence (2 hours)

This presentation satisfies the State of Florida mandatory requirement

Suzanne Harrison, MD

Learning Objectives:

- Identify the number of patients in their practice who are likely victims of domestic violence and the number who are likely to be perpetrators of domestic violence
- List screening procedures for determining whether a patient has any history of being either a victim or a perpetrator of domestic violence
- Provide patients with information on, or refer such patients to, resources in the local community that provide legal aid, shelter, victim counseling, and/or child protection services

10:15 AM – 11:15 AM

Management of Eating Disorders in Adolescents

Ann Klega, MD

Learning Objectives:

- Describe diagnosis of anorexia nervosa, binge eating disorder, bulimia nervosa, avoidant/restrictive food intake disorder
- Determine screening tools to identify patients with an eating disorder
- Describe cognitive behavioral therapy (CBT) and medical management of eating disorders

11:15 AM – 12:15 PM

NON-CME LUNCH

12:30 PM – 1:00 PM

President's Welcome and 2022 Academy Awards Presentation: Carrie Vey, MD
(Non-CME)

1:00 PM – 2:00 PM

Telemedicine in Primary Care

Deepa Sharma, DO

Learning Objectives:

- Explore the history of Telemedicine solutions and programs in primary care and recent expanded use due to COVID19
- Define terms utilized in Telemedicine
- Examine the goal of Primary Care on Demand technologies and self-assessment tools and recognize its benefits and limitations, as well as emphasize importance of appropriate documentation

Friday, December 9, 2022

2:00 PM – 3:00 PM

Contraception for the Medically Complex Patient

Ann Klega, MD

Learning Objectives:

- Compare the risks and benefits of different contraceptive methods and how the balances of risks and benefits may shift for patient with medical conditions
- Integrate guidance from the Medical Eligibility Criteria for Contraceptive Use by Centers for Disease Control and Prevention into conversations with patients who have multiple medical conditions
- Outline a general approach to contraceptive care for people with complex medical conditions

3:00 PM – 3:15 PM

2022 AAFP Fellows Recognition: Dr. Ada Stewart, AAFP Past Board Chair *(Non-CME)*

3:15 PM – 4:15 PM

She's Too Sweet: Pre-Gestational and Gestational Diabetes

Ashley Falk, MD

Learning Objectives:

- Review the latest guidelines for gestational diabetes
- Conduct preconception counseling on patients with diabetes
- Manage and counsel patients with gestational diabetes
- List evidence based immediate post-partum and life-long care for patients who have had gestational diabetes

4:15 PM – 5:15 PM

Therapeutic Lifestyle Interventions in type 2 Diabetes

George Guthrie, MD

Learning Objectives:

- Review the literature on the most effective dietary advice for caloric restriction (high nutrient and low caloric density) along with an understanding of time-limited feeding and fasting
- Measure improvement in a minimum of eight system pathologies in individuals undergoing therapeutic Lifestyle Interventions for remission of type 2 diabetes
- Explain the physiologic benefits of time limited feeding for patients who are desiring to put their type 2 diabetes into remission
- Adopt appropriate medication de-escalation principles for assisting individuals who are undergoing therapeutic lifestyle Interventions for type 2 diabetes

5:15 PM – 5:20 PM

Day 1 Wrap-Up/Announcements

5:30 PM – 6:30 PM

Welcome Reception – Tacky Sweater Contest *(Non-CME)*

(Guests welcome; no charge, however, pre-registration is requested)



Saturday, December 10, 2022

7:00 AM – 9:00 AM	ABFM KSA Study Group: Care of Women (2 hours) <i>(additional fee; advance registration required; onsite registration not available; in-person participation only)</i> Jennifer Keehbauch, MD / Thomas Waller, MD
7:00 AM – 8:00 AM	Non-CME Breakfast
8:25 AM – 8:30 AM	Welcome/Announcements
8:30 AM – 9:30 AM	Journal Article Review Ashley Wilk, DO Learning Objectives: <ul style="list-style-type: none">• Discuss the current state of knowledge with reference to literature• Determine findings of the articles/studies• Interpret results and their potential to impact daily practice
9:30 AM – 10:00 AM	FAFP Annual Business Meeting: 2023 FAFP Officer and Board Installation Featuring: Inauguration of Christy Cavanagh, MD, 76th President of the FAFP (Non-CME)
10:00 AM – 11:00 AM	Physician Well-Being Amaryllis Sanchez-Wohlever, MD Learning Objectives: <ul style="list-style-type: none">• Identify effective communication and coaching skills and its practical applications in primary care to enhance patient-physician interaction• Implement coaching skills like motivational interviewing and decisional balance tools into daily conversations with patients• Apply the principles of physician wellness to inspire lasting change with less frustration and greater effectiveness in patient care delivery
11:00 AM – 12:00 PM	COPD Update Alfred Gitu, MD Learning Objectives: <ul style="list-style-type: none">• Outline the risk factors for COPD and the current GOLD criteria for classification of COPD• Describe diagnosis and differential diagnosis, and evidence-based strategies for management of COPD• Interpret spirometry reports for patients with COPD
12:00 PM – 1:00 PM	NON-CME LUNCH



FLORIDA ACADEMY OF
FAMILY PHYSICIANS
SUPPORTING FLORIDA'S FAMILY PHYSICIANS

Family Medicine Winter Summit 2022

The Ritz Carlton, Amelia Island, FL
December 9-11, 2022

Saturday, December 10, 2022

1:30 PM – 2:30 PM

Lung Cancer Screening and Approach to Pulmonary Nodules

David Koo, MD

Learning Objectives:

- Identify when ordering screening Lung CTs - who needs one and what to do with the results
- Discuss diagnosis and work-up of incidental pulmonary nodules
- Select the appropriate approach and follow up for high risk patients with lung nodules

2:30 PM – 3:30 PM

Osteoarthritis

Nathan Falk, MD

Learning Objectives:

- Identify risk factors for osteoarthritis
- Apply evidence-based treatments for patients with Osteoarthritis
- Educate patients on the timing of surgical intervention

3:30 PM – 3:45 PM

BREAK

3:45 PM – 4:45 PM

Understanding Addiction - KNOW Science No Stigma

Jason Hunt, MD

Learning Objectives:

- Describe the science involved in substance abuse disorder
- List Risk Factors Screening and Intervention Detox Treatment Strategies, Pros and Cons of AA, Long-Term Success
- Determine when and how to refer patients with alcohol abuse or dependence to both detox and treatment programs

4:45 PM – 5:45 PM

Medical Marijuana

Bernd Wollschlaeger, MD

Learning Objectives:

- Review of the current state of the use of medical marijuana in patient care in Florida
- List the current legal status and regulations to the use of marijuana in patient care
- Describe the utility of medical marijuana in common symptoms; anxiety, sleep and pain
- Identify the current knowledge base regarding the benefits to specific patient groups - cancer, seizure disorder, glaucoma

5:45 PM – 5:50 PM

Day 2 Wrap-Up/Announcements

7:00 PM – 11:00 PM

Presidential Party - Speakeasy Theme: Celebrate the FAFP's Incoming President (Non-CME)
(additional fee of \$75; advance registration required)



Sunday, December 11, 2022

7:40 AM – 7:45 AM

Welcome/Announcements

7:45 AM – 8:45 AM

Immunization Update

Elizabeth Lawrence, MD

Learning Objectives:

- Review update on recommended immunizations and strategies for overcoming resistance
- Use vaccines according to current immunization schedules
- Correctly counsel patients on current guidelines to address the media influence on immunization rates
- Identify barriers and construct an effective approach to increasing immunization rates

8:45 AM – 9:45 AM

Obesity Extravaganza: Long-term Management of Post-Surgical Patients

Elizabeth Dovec, MD

Learning Objectives:

- Identify common indications, risks, and benefits of surgical management of obesity
- Describe the newest techniques used in the surgical management of obesity
- List long-term outcomes from surgical management of obesity – positive and negative

9:45 AM – 10:00 AM

BREAK

10:00 AM – 11:00 AM

Obesity Extravaganza: Medical Management of Obesity

Elizabeth Lawrence, MD

Learning Objectives:

- Review prevalence and diagnosis of obesity/overweight
- List lifestyle and medication treatment strategies of overweight/obesity in the family medicine setting
- Describe appropriate scheduling, billing, and coding for obesity visits within the family medicine clinic

11:00 AM – 12:00 PM

Florida Laws and Rules/Professional and Medical Ethics

This presentation satisfies the State of Florida mandatory requirement for Osteopathic Physicians (DOs); Allopathic physicians (MDs) completing this course can earn general CME credit

Chris Nuland, Esq.

Learning Objectives:

- Identify applicable laws and rules for licensed Osteopathic Physicians, and locate applicable statutes and rules through online resources
- List disciplinary process and learn rights afforded to physicians in licensure disciplinary cases
- Define what constitutes medical ethics and why physicians should be concerned about medical ethics

12:00 PM – 12:05 PM

Wrap-Up/Final Announcements