



2026 FAFP Family Medicine Summer Retreat

Wyndham Grand Clearwater Beach, Clearwater, FL
July 10-12, 2026

CME AGENDA

Friday, July 10, 2026

9:05 AM – 9:15 AM

Welcome/Announcements

9:15 AM – 11:15 AM

(Concurrent with Workshop)

Florida Mandatory: Preventing Medical Errors (2 hours)

This presentation satisfies the State of Florida mandatory requirement

Vincent Hsu, MD

Learning Objectives:

- Enumerate the five most misdiagnosed conditions as determined by the Florida Boards of Allopathic and Osteopathic Medicine
- Identify prevalent diagnostic and performance errors, explain the necessary elements of a root-cause analysis, and design risk management measures to prevent medical errors
- List safety systems which must be in place to reduce errors and review use of new information and communication technologies to allow for these improvement
- Design risk management measures to prevent medical errors and increase patient safety
- Review safety systems in healthcare organization and implement appropriate tools and strategies for preventing medication errors

9:15 AM – 11:15 AM

WORKSHOP: Medical Devices

(additional fee; advance registration required; onsite registration not available; in-person participation only)

Ashley Runyon, PharmD; Madison McDonald, PharmD

Learning Objectives:

- Demonstrate proper use and patient education techniques for common outpatient devices, including inhalers, autoinjectors, and fingerstick glucose monitors.
- Evaluate the benefits and limitations of continuous glucose monitors (CGMs) in primary care, and gain firsthand experience with device application and interpretation.
- Improve confidence in counseling patients on device use to support chronic disease management and adherence.

11:15 AM – 11:45 AM

Lunch Break

11:45 AM – 12:15 PM

Non-CME Lecture

12:50 PM – 1:00 PM

President's Welcome/Updates: Danielle Carter, MD



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1:00 PM – 2:00 PM

Medication Compounding: The Good, The Bad, and The Ugly

Madison McDonald, PharmD

Learning Objectives:

- Differentiate between FDA-approved products and compounded preparations, understanding the regulatory, safety, and evidence-based considerations relevant to prescribing
- Recognize the clinical indications for compounded medications in primary care, including scenarios where commercially available formulations are inadequate or contraindicated
- Apply best practices for counseling patients on the benefits, limitations, and potential risks of compounded medications to ensure safe and effective use in outpatient family medicine

2:00 PM – 3:00 PM

Side Effects You Should Know

Robert Vandervoot, PharmD

Learning Objectives:

- Identify common Drug/Disease interactions in family medicine that may increase risk of harm
- Recognize uncommon medication side effects and identify evidence-based strategies for mitigation
- Determine and explain patient-specific risk enhancers and quantify risks and benefits of specific meds in specific patients

3:00 PM – 3:15 PM

Break

3:15 PM – 4:15 PM

Diabetic Supplies: From Pens to Vials to CGMs

Angelina Vascimini, PharmD

Learning Objectives:

- Identify the nuances of insulin supplies and how to appropriately prescribe
- Differentiate the different GLP-1 supplies and which one may be the best fit for your patient
- Explain how to prescribe CGMs, what to counsel patients on in advance, and how they may be better or worse than glucometers depending on the scenario

4:15 PM – 5:15 PM

Electrocardiogram (ECG) Update

Jennifer Maynard, MD; Matthew Martinez, MD

Learning Objectives:

- Review the new requirement of a screening ECG in the sports physical
- Discuss how to properly conduct a sports physical for the adolescent athlete
- Identify conditions that warrant further evaluation before clearing an athlete to initiate or return to play

5:15 PM – 5:20 PM

Day 1 Wrap-Up/Announcements

5:30 PM – 6:30 PM

Welcome Reception



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7:00 AM – 9:00 AM

ABFM KSA: Care of Older Adults

(additional fee; advance registration required; onsite registration not available; in-person participation only)

7:00 AM – 7:45 AM

Non-CME Breakfast

8:10 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 9:15 AM

Journal Article Review

Sara Lohbauer, DO

Learning Objectives:

- Discuss the current state of knowledge with reference to literature
- Determine findings of the articles/studies
- Interpret results and their potential to impact daily practice

9:15 AM – 9:50 AM

Artificial Intelligence (AI) Topic Block:

Talk 1: Ethical Considerations in the Use of Artificial Intelligence in Healthcare

Nipa Shah, MD

Learning Objectives:

- Evaluate ethical concerns related to the use of artificial intelligence in healthcare and apply ethical principles to guide responsible use
- Identify and discuss the potential impact of artificial intelligence on human interaction in healthcare settings
- Describe common privacy concerns related to artificial intelligence in healthcare and apply strategies to mitigate these risks in clinical practice

9:50 AM – 10:25 AM

Talk 2: Illuminating the Practical Use of Artificial Intelligence in Primary Care

Karim Hanna, MD

Learning Objectives:

- Evaluate at least ten current, practice-ready applications of artificial intelligence relevant to family medicine
- Differentiate high-value, evidence-informed AI tools from non-value-added or marketing-driven products
- Develop an individualized, actionable roadmap to pilot appropriate AI applications in their own practice based on live demonstrations and clinical scenarios

10:25 AM – 11:00 AM

Talk 3: Predict, Prevent, Perform: Leveraging Artificial Intelligence for Smarter Population Health

Mandy Dailey, MD

Learning Objectives:

- Explain how artificial intelligence supports real-time population health stratification, care gap identification, and predictive modeling for chronic disease progression and hospital utilization risk
- Apply AI-driven patient registries and analytics to prioritize targeted outreach and preventive care interventions
- Assess the role of AI-enabled tools in improving performance on quality measures within value-based payment models, including diabetes control, colorectal cancer screening, and hypertension management
- Develop an actionable roadmap for implementing or optimizing population health AI solutions within a health system or private practice setting



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11:00 AM – 11:15 AM

Panel Q&A for Artificial Intelligence Block: Ethical Considerations, Practical Use, Leveraging AI

Nipa Shah, MD; Karim Hanna, MD Mandy Dailey, MD

Learning Objectives:

- Synthesize key clinical, ethical, and operational insights from the presented artificial intelligence use cases in primary care and population health
- Compare differing perspectives on the benefits, limitations, and risks of implementing AI tools across diverse practice settings
- Apply expert panel guidance to address real-world challenges related to AI adoption, including workflow integration, patient trust, data privacy, and regulatory considerations
- Identify next steps and practical strategies for responsible, value-driven use of artificial intelligence in their own clinical practice or health system

11:30 AM – 12:30 PM

Lunch and Special Interest Group (Artificial Intelligence) (Non-CME)

Nipa Shah, MD; Karim Hanna, MD Mandy Dailey, MD

Non-CME Lecture: TBD (concurrent with SIG)

1:00 PM – 2:00 PM

Early Chronic Kidney Disease (CKD)

Eddie Needham, MD

Learning Objectives:

- Describe how early chronic kidney disease is frequently asymptomatic and recognize subtle laboratory abnormalities, including proteinuria, hematuria, and rising creatinine
- Explain current guidelines for screening high-risk patients using serum creatinine (eGFR) and urine albumin-to-creatinine ratio (ACR)
- Demonstrate how to counsel patients on CKD risk, diet (low sodium, possible protein moderation), medication adherence, and when referral to nephrology is appropriate

2:00 PM – 3:00 PM

Cancer Screening in 2026: Updates and Practical Guidance for Family Physicians

Elizabeth Lawrence, MD

Learning Objectives:

- Summarize current cancer screening recommendations from the U.S. Preventive Services Task Force (USPSTF) and other major professional organizations
- Differentiate between average- and high-risk patients and apply individualized, evidence-based screening strategies in clinical practice
- Evaluate the potential benefits and harms of cancer screening, including overdiagnosis, false positives, and downstream testing
- Identify appropriate indications for referral to genetic counseling and testing for hereditary cancer syndromes

3:00 PM – 3:15 PM

Break



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3:15 PM – 4:15 PM

Hematuria Update

Eddie Needham, MD

Learning Objectives:

- Recognize the association of renal system cancer in 20% of patients with macroscopic hematuria
- Implement appropriate diagnostic strategies for both upper and lower renal tracts in patients with hematuria
- Utilize the HITS mnemonic for the differential diagnosis of hematuria

4:15 PM – 5:15 PM

Childhood Immunizations: Updates and Overcoming Hesitancy

Elizabeth Lawrence, MD

Learning Objectives:

- Summarize current childhood immunization schedules and recent updates from key health authorities
- Demonstrate effective communication strategies to counsel families and address vaccine misinformation
- Implement evidence-based approaches to overcome vaccine hesitancy and improve vaccination uptake in clinical practice

5:15 PM – 5:20 PM

Day 2 Wrap-Up/Announcements



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8:10 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 9:15 AM

Navigating the Preoperative Evaluation: A Practical Guide to the ACC/AHA Guidelines for Family Physicians

Lee Coghill, MD

Learning Objectives:

- Apply key updates from the 2024 ACC/AHA guidelines to cardiac risk stratification in adult patients undergoing noncardiac surgery
- Develop evidence-based preoperative optimization strategies for common medical comorbidities encountered in outpatient family medicine practice
- Formulate perioperative management recommendations for identified surgical risks that align with the 2024 ACC/AHA guidelines and support patient safety and optimization

9:15 AM – 10:15 AM

Menopause Care

Jennifer Simpkins, MD, MPH, MSCP

Learning Objectives

- Identify common clinical presentations and long-term health implications of menopause, including vasomotor symptoms, urogenital atrophy, osteoporosis, and cardiovascular risk
- Evaluate the risks and benefits of treatment options—including hormone therapy, non-hormonal pharmacologic agents, evidence-based supplements, and lifestyle interventions—to guide individualized patient care
- Implement evidence-based strategies for counseling and managing patients experiencing menopause, incorporating shared decision-making and consideration of comorbidities

10:15 AM – 11:15 AM

Prescribing Nutrition: Evidence-Based Weight Loss Counseling in Primary Care

Mandy Dailey, MD

Learning Objectives:

- Summarize evidence-based nutrition strategies for achieving long-term weight loss in primary care patients
- Develop individualized calorie and macronutrient goals based on current clinical guidelines
- Implement brief, patient-centered counseling techniques, including validated tools, behavioral interventions, pharmacologic options, and structured follow-up to support sustainable dietary changes and weight management

11:15 AM – 11:20 AM

Wrap-Up/Final Announcements