



## ACTIVITY AGENDA

All sessions unless otherwise indicated, will be in **Salon Ballroom**

### Thursday, December 7, 2023

6:00 PM – 8:00 PM

ABFM KSA Study Group: Palliative Care (2 hours)

*(additional fee; advance registration required; onsite registration not available; in-person participation only)*

Lucky Dunn, MD / Jennifer Keehbauch, MD

**Room: Plaza Ballroom**

### Friday, December 8, 2023

8:05 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 10:15 AM

**Florida Mandatory: Preventing Medical Errors (2 hours)**

*This presentation satisfies the State of Florida mandatory requirement*

Vincent Hsu, MD, MPH, FACP

**Learning Objectives:**

- Identify the five most mis-diagnosed conditions as determined by the Board of Medicine
- Discuss prevalent diagnostic and performance errors, explain the necessary elements of a root-cause analysis, and design risk management measures to prevent medical errors
- Discuss safety systems which must be in place to reduce errors and review use of new information and communication technologies to allow for these improvements
- This presentation satisfies the State of Florida licensure requirement including a study of root-cause analysis, error reduction and prevention, and patient safety

10:15 AM – 11:15 AM

**Primary Care Genomics/Cancer Interception**

Richard (John) Presutti, DO, FAAFP

**Learning Objectives:**

- Recognize patterns of Family Health History associated with elevated risk of inherited cancers
- Identify patient characteristics that would prompt referral to a genetics specialist
- Formulate approaches to counseling patients on the limits of early cancer detection panels

11:45 AM – 12:15 PM

**NON-CME LUNCH: Integrative Health**

*Lunch starts at 11:15 AM; presentation starts at 11:45 AM*

12:30 PM – 1:00 PM

**President's Welcome and 2023 Academy Awards Presentation: Christy Cavanagh, MD**  
*(Non-CME)*

1:00 PM – 2:00 PM

**Counseling Techniques to Use in the Office**

Matt Rensberry, MD, MBA

**Learning Objectives:**

- Use the Stages of Change Model to best choose the appropriate strategy for your patient's needs
- Describe evidence-based counseling strategies and tools that can be employed during office visits
- List best practice guidelines of shared decision making between patients and physicians

## Friday, December 8, 2023

**2:00 PM – 3:00 PM**

### **Pillars of Lifestyle Medicine**

Stephen McMullan, MD

#### **Learning Objectives:**

- List the 6 pillars of lifestyle medicine
- Review the evidence for lifestyle medicine in the prevention and treatment of disease
- Identify practical counseling techniques to improve patient adherence to lifestyle changes

**3:00 PM – 3:15 PM**

### **2023 AAFP Fellows Recognition: Sterling N. Ransone Jr., MD, AAFP Past Board Chair (Non-CME)**

**3:15 PM – 3:25 PM**

### **BREAK**

**3:25 PM – 4:25 PM**

### **An Update on Hidradenitis Suppurativa (HS) Pathogenesis and Treatment**

Brad Glick, DO, MPH, FAAD

#### **Learning Objectives:**

- Recognize HS and confidently make a diagnosis
- Initiate first steps of management for patients with mild HS
- List available treatment options available to patients and when it may be necessary to refer to a specialist

**4:25 PM – 5:25 PM**

### **Weight Loss & Medications**

Nikita Shah, DO

#### **Learning Objectives:**

- Identify and list common medications that are weight gaining
- Identify and list common medications that are weight losing or weight neutral
- Discuss medications FDA approved for weight loss

**5:25 PM – 5:30 PM**

### **Day 1 Wrap-Up/Announcements**

**5:30 PM – 6:30 PM**

### **Welcome Reception – Festive Holiday Bash (Non-CME)**

*(Guests welcome; no charge, however, pre-registration is requested)*



## Saturday, December 9, 2023

<b>7:00 AM – 9:00 AM</b>	<b>ABFM KSA Study Group: Hypertension (2 hours)</b> <i>(additional fee; advance registration required; onsite registration not available; in-person participation only)</i> Michael Heiland, MD / Thomas Waller, MD <b>Room: Plaza Ballroom</b>
<b>7:00 AM – 8:00 AM</b>	<b>Non-CME Breakfast: Novo Nordisk</b>
<b>8:25 AM – 8:30 AM</b>	<b>Welcome/Announcements</b>
<b>8:30 AM – 9:30 AM</b>	<b>Journal Article Review</b> Jennifer Snell, MD, DipABLM <b>Learning Objectives:</b> <ul style="list-style-type: none"><li>• Discuss the current state of knowledge with reference to literature</li><li>• Determine findings of the articles/studies</li><li>• Interpret results and their potential to impact daily practice</li></ul>
<b>9:30 AM – 9:50 AM</b>	<b>FAFP Annual Business Meeting: 2024 FAFP Officer and Board Installation</b> <b>Featuring: Inauguration of George Bernardo, MD, 77th President of the FAFP (Non-CME)</b>
<b>9:50 AM – 10:00 AM</b>	<b>BREAK</b>
<b>10:00 AM – 11:00 AM</b>	<b>Things That Make You Belch: Common Upper GI Issues</b> Brent Stottman, DO <b>Learning Objectives:</b> <ul style="list-style-type: none"><li>• Discuss common causes of belching and bloating</li><li>• Evaluate GERD and Dyspepsia</li><li>• Discuss treatment of common GI issues and determine when to refer to a specialist</li></ul>
<b>11:00 AM – 12:00 PM</b>	<b>Transient Ischemic Attack (TIA) /Stroke: Inpatient and Outpatient Management</b> Andrew Buelt, DO <b>Learning Objectives:</b> <ul style="list-style-type: none"><li>• Review current evidence-based practices for the management of stroke/TIA</li><li>• List the latest advancements and recent developments in stroke treatment, including pharmacological interventions, surgical techniques, and rehabilitation strategies</li></ul>
<b>12:30 PM – 1:00 PM</b>	<b>NON-CME LUNCH: AstraZeneca</b> <i>Lunch starts at 12:00 PM; presentation starts at 12:30 PM</i>



## Saturday, December 9, 2023

**1:30 PM – 2:30 PM**

### **The Bottom Line: Common Lower GI Disorders**

Brent Stottman, DO

#### **Learning Objectives:**

- Review common lower GI causes of abdominal pain
- Discuss the workup and types of Irritable Bowel Syndrome (IBS)
- Describe potential treatments and determine when to refer to a specialist

**2:30 PM – 3:30 PM**

### **Heart Failure-Elephant in the room-Emphasis on Systolic HF**

Andrew Buelt, DO

#### **Learning Objectives:**

- Develop a comprehensive understanding of inpatient management strategies for systolic heart failure
- Discuss the key components evidence surrounding the management of individuals with systolic heart failure in the outpatient setting
- Apply evidence-based management strategies for systolic heart failure, incorporating the latest clinical guidelines and research findings to optimize patient outcomes

**3:30 PM – 3:45 PM**

### **BREAK**

**3:45 PM – 4:45 PM**

### **Are Your Patients Sicker? Prove It! HCC and RAF Scores**

Samuel Church, MD, MPH, CPC, CPC-I, CRC, FAAFP

#### **Learning Objectives:**

- Discuss what you need to know and why about HCC coding; review updates and common errors in HCC/RAF coding for family physicians
- Apply the HCC/RAF coding system to real life examples
- List the importance of documentation & the key elements required

**4:45 PM – 5:45 PM**

### **Osteoporosis Update**

Robin Creamer, DO, FAAFP, CAQ-geriatrics

#### **Learning Objectives:**

- Recognize risk factors for osteoporosis
- Apply evidenced based screening criteria for osteoporosis
- Describe the importance of aggressive treatment of osteoporosis

**5:45 PM – 5:50 PM**

### **Day 2 Wrap-Up/Announcements**

**7:00 PM – 11:00 PM**

### **Presidential Party – An Evening in Las Vegas: Celebrate the FAFP's Incoming President**

*(Non-CME)*

*(additional fee of \$75; advance registration required)*



# Family Medicine Winter Summit 2023

The Ritz Carlton, Amelia Island, FL

December 8-10, 2023

## Sunday, December 10, 2023

7:40 AM – 7:45 AM

**Welcome/Announcements**

7:45 AM – 8:45 AM

**HIV PReP for PCP**

Jennifer Katsolis, DO

**Learning Objectives:**

- Discuss current PreP HIV prevention techniques
- Explain current testing recommendations and requirements for HIV
- List various HIV treatment options available to primary care physicians

8:45 AM – 9:45 AM

**The PQRs's of EKG's: Tips and Tricks for Interpretation**

Amr Barakat, MD, MSc, FACC

**Learning Objectives:**

- Describe a simple technique to quickly and accurately review in-office electrocardiograms
- Review electrocardiogram findings that would warrant urgent assessment in an Emergency Department
- Distinguish abnormal electrocardiogram findings that should be sent to a cardiologist

9:45 AM – 10:00 AM

**BREAK**

10:00 AM – 11:00 AM

**Irregularly Irregular: Latest Updates in Atrial Fibrillation (AF) Management**

Amr Barakat, MD, MSc, FACC

**Learning Objectives:**

- Interpret practice guidelines for atrial fibrillation
- Identify appropriate anticoagulation strategies for atrial fibrillation
- Apply the latest data into clinical practice to improve management of patients with atrial fibrillation who would benefit from rhythm control therapy

11:00 AM – 12:00 PM

**Venous Disease**

Ragu Murthy, MD

**Learning Objectives:**

- Explore the prevalence, diagnosis and impact of venous disease
- Review early treatment options and prevention of progression of venous disease
- Identify the stages of venous disease and when to refer to a vein center

12:00 PM – 12:05 PM

**Wrap-Up/Final Announcements**